



Family Outdoor Activities

Try Something New!

Have you ever tried hiking, fishing or camping? There are lots of ways to have fun outdoors! Try one or two or three...and write about it in your journal! You don't have to stop at one, they're all fun!

Go fishing, biking, camping, hiking

Go mountain biking

Go horseback riding

Fly a kite

Go swimming in a lake pond or creek

Make a stamp collection of postage stamps showing wildlife or other aspects of nature

Find and play some games of another culture (native American, Mexican, etc.)

Make a scrapbook of wildlife pictures from magazines

Take your camera on a nature expedition

Make a treasure map of a park and have your friends find the "hidden treasures"

Go bird or wildlife watching with binoculars

Collect items from the wild and create an artistic collage

Draw, paint or sculpt something from the wild

Use a compass to follow a map of your hiking trail

Take a hike with a ranger at a park

Build a kite that resembles a butterfly or bird and fly it

Learn how to make a fishing lure or fly

Design and have a nature "scavenger hunt"

Learn how to rock climb

Learn how to pitch a tent

Learn to tie different fishing knots with different types of fishing line

Learn orienteering

Learn outdoor safety and first aid

Learn how to kayak or canoe

Learn to make fish and leaf prints

Learn some survival techniques useful for camping or hiking

Take a drawing or painting lesson

For a directory of parks and trails near you, visit www.nrgoutdoors.org.